SUNDAY

5:00PM (1 HR) (O,D)

A Vision of Hope

93 Orange St., St Augustine FL, 32084 Suite D

7:00PM (1 HR) (O,JT,VM)

Clean and Serene

FL, 32084

Zoom ID: 468.934.945 (no passcode)

7:00PM (1 HR) (O,D,B)

The NA Group

2729 Commerce Parkway, Bunnell FL, 32110 Sunshine Business Complex, Suite 707 The Silver Dollar Club

MONDAY

4:00PM (1 HR) (O,BEG,SPK)

Lost and Found

18 S Dixie Hwy, St. Augustine FL, 32084 Serenity Club

6:30PM (1 HR) (O,BT,LIT,SD)

New Beginnings

1520 South Daytona Ave, Flagler Beach FL, 32136

Flagler Beach UMC Park and enter from rear of church. Speaker, 1st Monday of the month.

8:00PM (1 HR) (O,LC)

No Matter What

2729 Commerce Parkway, Bunnell FL, 32110 Sunshine Business Complex, Suite 707 The Silver Dollar Club

TUESDAY

6:00PM (1 HR) (O,LIT)

A Vision of Hope

93 Orange St., St Augustine FL, 32084 Suite D

6:15PM (1 HR) (C,D,W)

W.I.S.H. (Women In Serenity and Hope)

94 Whiteview Parkway, Palm Coast FL, 32164 Palm Coast Bible Church

7:00PM (1 HR) (O,D)

Never Alone

303 Palm Coast Parkway NE, Palm Coast FL, 32137

St Mark's by the Sea Enter at east door, by playground.

WEDNESDAY

6:00PM (1 HR) (O,BEG,SPK)

Lost and Found

18 S Dixie Hwy, St. Augustine FL, 32084 Serenity Club

6:30PM (1 HR) (C,D,M)

We Do Recover

94 Whiteview Parkway, Palm Coast FL, 32164 Palm Coast Bible Church Men's Meeting

7:00PM (1 HR) (O)

A New Life

252 S. Summit St., Crescent City FL, 32112 Howe Memorial United Methodist Church

7:30PM (1 HR) (O,CW,WC,RF,CPC)

Any Means Necessary

103 E. Moody Blvd., Bunnell FL, 32110 SMA Access Center

THURSDAY

6:00PM (1 HR) (STP,LIT)

A Vision of Hope

93 Orange St., St. Augustine FL, 32084 93 Orange St. Suite D

6:30PM (1 HR) (O,D,LIT,LC)

New Beginnings

1520 S. Daytona Ave, Flagler Beach FL, 32136

Flagler Beach UMC Park and enter from rear of church

FRIDAY

7:00PM (1 HR) (O,D,NS)

Baker's Dozen

156 Florida Park Drive N, Palm Coast FL, 32137

9:00PM (1 HR) (O,BEG,NEW,SPK)

Recovery First

2729 Commerce Parkway, Bunnell FL, 32110 Sunshine Business Complex, Suite 707 The Silver Dollar Club

9:30PM (1 HR) (O,BEG,SPK)

Lost and Found

18 S Dixie Hwy, St. Augustine FL, 32084 Serenity Club

10:00PM (1 HR) (O,D,WC,NS,CL)

Beachside Recovery

221 Vining Ct., Ormond Beach FL, 32176 Salty Church

SATURDAY

9:30AM (1 HR) (O, VAR, SMK, WC, VM, SPK)

Bakers Dozen

FL, 32137

Zoom ID: 281 933 314; Passcode: Basictext

NOON (1 HR) (O,D)

A Vision of Hope

93 Orange St, St Augustine FL, 32084 Suite D

6:00PM (1 HR) (O,BEG,SPK)

Lost and Found

18 S Dixie Hwy, St. Augustine FL, 32084 Serenity Club

7:00PM (1 HR) (O,WC,NS,SD)

The NA Group

2729 Commerce Parkway, Bunnell FL, 32110 Sunshine Business Complex, Suite 707 The Silver Dollar Club

MEETING FORMAT LEGEND					
BEG	Beginners	CW	Children Welcome		
D	Discussion	M	Men		
VAR	Format Varies	W	Women		
NS	No Smoking	SD	Speaker & Discussion		
0	Open	С	Closed to Non-Addicts		
WC	Wheelchair	BT	Basic Text		
SMK	Smoking Permitted	STP	Step		
LIT	Literature Study	LC	Living Clean		
В	Beginners	CL	Candlelight		
JT	Just for Today	RF	Rotating Format		
CPC	Chairperson Choice	NEW	Newcomer Meeting		
VM	Virtual Meeting	SPK	Speaker Only		

A few useful suggestions... and where they come from...

DON'T USE... GO TO A MEETING

Basic Text page 10: "...we suggest that newcomers keep coming back and come back clean."

IP 23 "Staying Clean on the Outside": Instead of picking up that first drug, we do the following:

*Don't use, no matter what *Go to an NA meeting

AVOID PEOPLE, PLACES AND THINGS

Basic Text Page 15: "Old friends, places, and ideas are often a threat to our recovery. We need to change our playmates, playgrounds and playthings."

90 MEETINGS IN 90 DAYS

Basic Text Page 53: "A meeting a day for at least the first ninety days of recovery is a good idea."

COME EARLY AND STAY LATE

Basic Text page 252: "We were into service work, emptying ash trays, setting up and cleaning up meeting halls. We would get there early and leave late..."

GET AND USE A SPONSOR

Basic Text Page 55: "We have found it helpful to have a sponsor and to use this sponsor"

GET A HOMEGROUP

Basic Text Page 54: "We find our place in the Fellowship, and we join a group whose meetings help us in our recovery."

Basic Text page 95: "Attending our home group provides encouragement from the people that we get to know."

KEEP COMING BACK, IT WORKS!

Basic Text Page 9: "We have learned from our group experience that those who keep coming to our meetings regularly stay clean."

Basic Text page 148: "Keep coming back, it works."
IP #22 "Welcome to Narcotics Anonymous: KEEP COMING
BACK - IT WORKS!"

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Service Meetings				

PHONE NUMBERS

Service Meetings

All meetings are in person at 1520 S Daytona Ave, Flagler Beach, FL (Unless otherwise indicated).

Area - 2nd Sunday of each month at 1 pm
P.R. & Phoneline - 1st Wednesday of each month, after
Any Means Necessary
H&I - Currently not meeting/Looking for H&I

Facilitator

Activities - Thursday before area 7:40 pm
Fellowship Development - 2nd Sunday, prior to ASC meeting at 11:30 am

Literature Subcommittee - 2nd Sunday of each month at 10:30 am, before Area



COQUIM COAST

MEETING LIST MARCH 2025

- Bunnell, FL
- · Flagler Beach, FL
- Palm Coast, FL
- · St. Augustine, FL
- Crescent City, FL

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

Helplines				
Coquina Coast Area	800-478-9213			
Daytona Beach Area - Volusia County	800-206-0731			
First Coast Area - Duval County	904-723-5683			

www.coquinacoastna.org

Meetings Weekly: 23